

# EAST WAKE TOTAL LIFE CENTER

## May 2023

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SDB</b>
A	<b>1</b> Participants Counsel - JR	<b>2</b> Health Talk - JK	<b>3</b> Corn Hole - All	<b>4</b> Birds Craft - SS	<b>5</b> Bingo - All	<b>6</b> Saturday Daybreak At <b>BOND PARK</b>
B	Trivia - All	I Spy - All	Art Therapy - All	Trivia - All	Library Day - All	
A	<b>8</b>	<b>9</b> Deal or No Deal - All	<b>10</b> Tree Craft - SS	<b>11</b> Ring Toss - All	<b>12</b> Bingo - All	<b>13</b>
B	Table Game - All	Trivia - All	I Spy - All	Trivia - All	Library Day - All	
A	<b>15</b> This was the Year - All	<b>16</b>	<b>17</b> Health Talk - JK	<b>18</b> Kite Crafts - SS	<b>19</b> Bingo - All	<b>20</b> Saturday Daybreak At <b>RALEIGH TLC</b>
B	On the Road - All	Board Game - All	Trivia - All	Coloring - All	Library Day - All	
A	<b>22</b> Hangman - All	<b>23</b> Family Feud - All	<b>24</b> Participants Choice - All	<b>25</b>	<b>26</b> Bingo - All	<b>27</b>
B	Board Game - All	Coloring - All	On the Road - All	Trivia - All	Library Day - All	
A	<b>29</b> <b>CLOSED MEMORIAL DAY</b>	<b>30</b> Deal or No Deal - All	<b>31</b> Trivia - All			
B		Art Therapy - All	Birthday Celebration - All			

### DAILY SCHEDULE

8:00-9:30 Breakfast  
 9:00-9:30 Current Events  
 9:30-10:00 Morning Exercise  
 10:00-11:00 See Calendar **(A)**  
 11:00-11:30 The Price Is Right  
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**  
 2:00-2:15 Afternoon Exercise  
 2:15-2:30 Snack  
 2:30-3:00 Trivia  
 3:00-4:00 Let's Make A Deal  
 4:00-6:00 Social Time

