

EAST WAKE TOTAL LIFE CENTER

November 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A					Board Game - All	Saturday Daybreak At RALEIGH TLC
B					Trivia - All	
A	4 Vetrans Activity - JT	5 BINGO - ALL	6 Health Talk - JK	7 Leaves Robbing - \$\$	8 Eeal or no Deal - All	9
B	Trivia - All	Hangman - All	Board Game - All	Music Therapy - All	Trivia - All	
A	11 CLOSED FOR VETERANS DAY	12 BINGO - ALL	13 Reasons Activity - JT	14 Turkey Craft - \$\$	15 Food Collage - JT	16 Saturday Daybreak At RALEIGH TLC
B		Art Therapy - All	Trivia - All	Board Game - All	Coloring - All	
A	18 Thanksgiving - JT	19 BINGO - ALL	20 Health Talk - JK	21 I Spy - All	22 Around the World - All	23
B	Painting - All	Trivia - All	On the Road - All	Table Game - All	Trivia - All	
A	25 Food Collage - \$\$	26 BINGO - ALL	27 Thanksgiving Celebration - All	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING	30 Saturday Daybreak At RALEIGH TLC
B	Board Game - All	Trivia - All	Birthday Celebration			

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:00-9:30 Current Events
 9:30-10:00 Morning Exercise
 10:00-11:00 See Calendar (A)
 11:00-11:30 The Price Is Right
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar (B)
 2:00-2:15 Afternoon Exercise
 2:15-2:30 Snack
 2:30-3:00 Trivia
 3:00-4:00 Let's Make A Deal
 4:00-6:00 Social Time

