

GARNER TOTAL LIFE CENTER

November 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A					Basketball	Saturday Daybreak At RALEIGH TLC
B					Thankful Rings	
C					UNO	
A	4 Turkey Painting	5 Owl's w/Preschool	6 Harvest Mix	7 Fall Forrest	8 Fall Scramble	9
B	BINGO	Pumpkin Toss	Twister	Angry Birds	Golf	
C	Puzzles	I Spy	Marble Roll	High Low	Magazine Hunt	
A	11 <i>CLOSED FOR VETERANS DAY</i>	12 Heart of America	13 Turkey Puppets	14 Drum Circle	15 Left Rubbing	16 Saturday Daybreak At RALEIGH TLC
B		Sequence	BINGO	Acorn Man	Magazine Ball	
C		Word Search	Pictureka!	Find It	Health Talk	
A	18 Thankful Scategories	19 Roll a Turkey	20 Gratitude Game	21 Turkey Shoot	22 Pumpkin Slide w/ Preschool	23
B	Circle Trees	Fill the Plate	Indian Corn	Pokeno!	Color by Number	
C	Table Games	Participant Council	Catch Up	Outburst	Twister Toss	
A	25 Hand Tree	26 Pilgrims	27 MOVIE	28	29	30
B	Cornucopia	Sequence	Thankful placemats	<i>CLOSED FOR THANKSGIVING</i>	<i>CLOSED FOR THANKSGIVING</i>	
C	Trivia	Ladder Ball	Pumpkin Bean bag			

DAILY SCHEDULE

7:00-8:00 Welcome
 8:00-9:30 Breakfast
 9:30-10:00 Social Time/ News
 10:00-10:30 Current Events
 10:30-11:00 Exercise
 11:00-11:45 See Calendar (A)
 11:45-12:00 Brain Fitness

12:00-1:00 Lunch
 1:00-2:00 Relaxation/Individual Time
 2:00-2:30 Exercise
 2:30-3:00 See Calendar (B)
 3:00-3:30 Snack
 3:30-4:00 See Calendar (C)
 4:00-6:00 Social Time/News/Games

