

EAST WAKE TOTAL LIFE CENTER

December 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	2 Heart Crafts - \$\$	3 BINGO - ALL	4 Health Talk - JK	5 Christmas Sign - JT	6 Puzzle - All	7 Saturday Daybreak At RALEIGH TLC
B	TrivVia - All	Table Game - All	Coloring - All	I Spy - All	TrivVia - All	
A	9 Santa Hat - \$\$	10 BINGO - ALL	11 Art Therapy - All	12 Table Game - All	13 Christmas Wreath - JT	14
B	Hangman - All	Table Game - All	TrivVia - All	I Spy - All	Music Therapy - All	
A	16 Christmas Tree - \$\$	17 Health Talk - JK	18 Participants Choice - All	19 Christmas Light - JT	20 Ring Toss - All	21 Saturday Daybreak At RALEIGH TLC
B	TrivVia - All	On the Road - All	I Spy - All	Table Game - All	TrivVia - All	
A	23 Art Therapy - All	24	25	26	27 Bean Bag Toss - All	28
B	Board Game - All	<i>CLOSED FOR CHRISTMAS</i>	<i>CLOSED FOR CHRISTMAS</i>	<i>CLOSED FOR CHRISTMAS</i>	TrivVia - All	
A	30 New Year Activity - All	31 New Years Celeb.				
B	TrivVia - All	Birthday Celeb.				

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:00-9:30 Current Events
 9:30-10:00 Morning Exercise
 10:00-11:00 See Calendar **(A)**
 11:00-11:30 The Price Is Right
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**
 2:00-2:15 Afternoon Exercise
 2:15-2:30 Snack
 2:30-3:00 Trivia
 3:00-4:00 Let's Make A Deal
 4:00-6:00 Social Time

