

RALEIGH TOTAL LIFE CENTER

December 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	2	3	4	5	6	7
A	Christmas Wreaths/Mary	Make Christmas Trees/Karen	Junior League	Christmas Ornaments/Clara	Bingo/Jennifer	Saturday Daybreak At RALEIGH TLC
B	Basketball/Brandon	Volleyball/Charlie	Golf/Charlie	Parachute/Charlie	Cornhole/Charlie	
C	Play Instruments by Mr. Ernest	Karaoke/Boris	Christmas Name That Tune/Sherri	Pass the Bag/Boris	9 Letter Block/Corrine	
D	Mental Games/Sherri	Mental Games/Clara	Mental Games/Boris	Mental Games/Karen	Mental Games/Mary	
	9	10	11	12	13	14
A	Christmas Cards/Patrice	Santa Face Making/Clara	Food Facts/Boris	Bingo/Patrice	Joyful Bake/Sherri	
B	Basketball/Wade & Dexter	Ring Toss/Charlie	Kickball/Charlie	Golf/Charlie	Parachute/Charlie	
C	Table Games/Staff	Christmas Surprise/Corinne	Health Talk/Lorri	Quiz Ball/Mary	Floor Tic Tac Toe/Karen	
D	Mental Games/Mary	Mental Games/Karen	Mental Games/Sherri	Mental Games/Clara	Mental Games/Boris	
	16	17	18	19	20	21
A	Kwanza & Hanukkah Craft/Patrice	Crafts/Jennifer	Bingo/Mary	Spa Day/Sherri	Missing Letters/Corinne	Saturday Daybreak At RALEIGH TLC
B	Parachute/Brandon	Golf/Charlie	Basketball/Charlie	Cornhole/Charlie	Ring Toss/Charlie	
C	Name That TV Show/Mary	Christmas Carols/Clara	Karaoke/Patrice	Holiday Anagrams/Boris	Time Slips/Karen	
D	Mental Games/Clara	Mental Games/Mary	Mental Games/Boris	Mental Games/Karen	Mental Games/Sherri	
	23	24	25	26	27	28
A	Christmas Movie	CLOSED FOR CHRISTMAS	CLOSED FOR CHRISTMAS	CLOSED FOR CHRISTMAS	Bingo/Sherri	
B	Basketball/Sherri					
C	Ward Brass Trio Music				Health Talk/Lorri	
D	Mental Games/Mary				Mental Games/Karen	
	30	31				
A		PARTY TIME!!!		Participants:	Staff:	
B		HAPPY NEW YEAR		Marie D. 12/1	Patrice 12/13	
C				Mildred L. 12/20		
D						

DAILY SCHEDULE

8:00-9:30 Breakfast	1:00-1:45 Individual Activities
9:30-10:00 Current Events	1:45-2:15 Afternoon Exercise
10:00-10:30 Morning Exercise	2:15-2:45 See Calendar (C)
10:30-11:15 See Calendar (A)	2:45-3:15 Snack
11:15-12:00 Active Game (B)	3:30-4:30 Mental Game (D)
12:00-1:00 Lunch	4:30-6:00 Social Time/Music
	Open Monday-Friday 8:00am-5:00pm
	Center Program Director: Stella Ray



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