



RALEIGH TOTAL LIFE CENTER

# FEBRUARY 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A	 <p><b>Happy Birthday!</b></p>					<b>1</b> Saturday Daybreak At <b>RALEIGH</b> <b>TLC</b>
B						
C						
D						
	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
A	Snowman Face/Mary	Karaoke/Karen	Bingo/Corinne	Hot Chocolate On A Cold Day/Clara	Magazine Hunt/Karen	
B	Kickball/Wade & Brandon	Parachute/Charlie	Cornhole/Charlie	Golf/Charlie	Parachute/Charlie	
C	<b>Music/Mr. Earnest</b>	Valentine Surprise/Corinne	Pass the Bag/Boris	Table Games/Mary	Karaoke/Patrice	
D	Mental Games/Corinne	Mental Games/Clara	Mental Games/Mary	Mental Games/Karen	Mental Games/Boris	
	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
A	Valentine Cards/Patrice	9 Letter Block/Corinne	<b>Talent Show/Patrice</b>	Time Slips/Karen	Karaoke/Boris	Saturday Daybreak At <b>RALEIGH</b> <b>TLC</b>
B	Basketball/Wade & Brandon	Cornhole/Charlie	Parachute/Charlie	Golf/Charlie	Kickball/Charlie	
C	Black History Review/Clara	Table Games/Clara	Valentine Quiz/Boris	Bingo/Patrice	<b>Health Talk/Lorri</b>	
D	Mental Games/Mary	Mental Games/Corinne	Mental Games/Clara	Mental Games/Boris	Mental Games/Karen	
	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
A	<b>Participant Counsel</b>	High Low Card Game/Patrice	Clara/Karaoke	Missing Letter/Corinne	Mary/Bingo	
B	Cornhole/Wade & Brandon	Cornhole/Charlie	Ping-Pong/Charlie	Parachute/Charlie	Golf/Charlie	
C	Ring Toss/Mary	Musical Chairs/Karen	Anagrams/Boris	Table Games/Karen	Patrice/Karaoke	
D	Mental Games/Corinne	Mental Games/Clara	Mental Games/Mary	Mental Games/Boris	Mental Games/Karen	
	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	
A	Picture Painting/Patrice	Bingo/Corinne	<b>Hope Church</b>	Boris/Bingo		
B	Ping-Pong/Wade & Brandon	Parachute/Charlie	Kickball/Charlie	Cornhole/Charlie		
C	Ground Hog Day/Clara	Name that Sound/Staff	Food Talk/Boris	Name That TV Show/Mary		
D	Mental Games/Corinne	Mental Games/Boris	Mental Games/Mary	Mental Games/Clara		

**DAILY SCHEDULE**

- |                                     |                                   |
|-------------------------------------|-----------------------------------|
| 8:00-9:30 Breakfast                 | 1:00-1:45 Individual Activities   |
| 9:30-10:00 Current Events           | 1:45-2:15 Afternoon Exercise      |
| 10:00-10:30 Morning Exercise        | 2:15-2:45 See Calendar <b>(C)</b> |
| 10:30-11:15 See Calendar <b>(A)</b> | 2:45-3:15 Snack                   |
| 11:15-12:00 Active Game <b>(B)</b>  | 3:30-4:30 Mental Game <b>(D)</b>  |
| 12:00-1:00 Lunch                    | 4:30-6:00 Social Time/Music       |



Open Monday-Friday 8:00am-5:00pm  
 Center Program Director: Stella Ray

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