



1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609  
 (919) 872-7933 • [www.resourcesforseniors.org](http://www.resourcesforseniors.org)  
 Services and information for older adults and adults with disabilities  
 in Wake County, North Carolina

## TRANSPORTATION RESOURCES

Last updated: 01/24/2025

The following is a selection of programs and companies offering transportation to seniors and disabled residents of Wake County.

### Public and Volunteer Transportation Programs

(W) = wheelchair-accessible vehicles

**The Center for Volunteer Caregiving** ..... 919-460-0567

[www.volunteercaregiving.org](http://www.volunteercaregiving.org)

- Door-to-door, volunteer-based transportation to medical appointments and essential errands, **for adults ages 60+ and ages 18-59 who have a disability.**
- 7 days advanced notice is required to schedule a trip on board in system.
- No fee.

**GoCary Door to Door (W)** (formerly CTRAN) ..... 919-485-7433 or 919.653.7141

To schedule a trip ..... 919-481-2020, ext. 3

To cancel a trip ..... 919-481-2020, ext. 2

To order a ticket book ..... 919-469-4050

[www.gocary.org](http://www.gocary.org)

- Door-to-door paratransit service **for Cary residents ages 60+ and/or with a disability.**
- **Application required;** applications available online and at the Cary Senior Center.
- Trip fee (one-way): \$2.50 or \$4(Tier 2) within Cary; up to \$9 for trips outside of Cary. Companions can ride for the same fee as a rider.
- Trips must be scheduled at least a day in advance.
- Hours of operation: Monday-Saturday, 6 a.m. to 9:30 p.m.; Sundays, 7 a.m. to 8:30 p.m.

**GoCary Fixed Route** ..... 919-485-7433 or 919-653-714

[www.gocary.org](http://www.gocary.org)

- Fixed-route public transit bus service open to all ages.
- Trip fee (one-way): \$1.25. Riders ages 60-64 is \$0.60 (1/2 rate); 65+ is free.
- GoPass is \$40 for 31 days and \$12 for 7 days.

**GoRaleigh Access** (formerly ART) (W) ..... 919-996-3459

[www.raleighnc.gov](http://www.raleighnc.gov)

- Curb-to-curb paratransit service **for Raleigh residents with a disability.**
- **Application required;** applications available online, or can be requested via phone.
- Trip fee (one-way): \$2.50.
- Trips must be scheduled at least 24 hours in advance via phone or email:  
**[goraleighaccess@raleighnc.gov](mailto:goraleighaccess@raleighnc.gov)**

- Hours of operation: Monday-Friday, 8:15 a.m. - 4:45 p.m.

**GoRaleigh Transit** (formerly Capital Area Transit) ..... 919-485-7433  
[www.goraleigh.org](http://www.goraleigh.org)

- Fixed-route public bus service open to all ages.
- Trip fee (one-way): \$1.25. With GoRaleigh ID, riders ages 65+ are eligible for free fares and riders with a disability are eligible for discounted fares (1/2 rate). To obtain GoRaleigh ID, call to request an application or download one from the website.
- **Wake Forest-Raleigh Express** connects Raleigh and Wake Forest.

**GoTriangle ACCESS** (formerly T-Linx) (W) ..... 919-485-7468  
 TTD ..... 800-735-2962

[www.gotriangle.org/](http://www.gotriangle.org/)

- Curb-to-curb paratransit service **for residents of Wake, Durham and Orange counties with a disability**.
- **Application required** (unless you are already certified with GoCary or GoRaleigh); applications available online, or can be requested via phone.
- Trip fee (one-way): \$2.50.

**GoTriangle Bus** (formerly TTA) ..... 919-485-7433  
[www.gotriangle.org](http://www.gotriangle.org)

- Fixed-route public bus service open to all ages.
- Full rate one-way trip fares: \$2.50 for regional routes
- Riders ages 65+ are eligible for free fares and riders with a disability are eligible for discounted fares (1/2 rate).
- **Wake Forest Loop** operates within Wake Forest.

**GoWake Access** (formerly TRACS) (W) ..... 919-212-7005  
 To schedule a trip ..... 919-212-7005  
 To cancel a trip ..... 919-996-3444

[www.wakegov.com/gowake](http://www.wakegov.com/gowake)

- Low-cost door-to-door, public shared-ride service **for trips originating or ending outside Raleigh and Cary city limits, for individuals ages 60+ and/or with a disability**.
- No application required; verification of age or disability may be requested.
- Trips may be scheduled same day and no more than 24 hours in advance. **Please note: Service is on a first-come, seat-available basis; seats are very limited.**
- One-way fares: \$2.00 within zone; \$4.00 between zones (call or go online for detailed zone information).
- Hours of operation: Monday-Saturday, 6 a.m. to 6 p.m. (excluding holidays).

**GoWake SmartRide NEW** ..... 919-212-7005  
[www.wakegov.com/gowake](http://www.wakegov.com/gowake)

- GoWake SmartRide NE offers rideshare options for the residents of Zebulon, Wendell, Knightdale and the unincorporated areas in between.
- To request a ride, you can use the GoAccess! app or call the GoWake Access call center
- Fare: **Free**

**Medicaid Transportation (W)** ..... 919-212-7005  
[www.wakegov.com/gowake](http://www.wakegov.com/gowake)

- Transportation **for Medicaid recipients, to medical appointments covered by**

**Medicaid.**

- Must schedule 3-5 business days in advance.
- **Please note: This office handles many transportation programs; be sure to specify “Medicaid Transportation.”**
- No fee.

**Resources for Seniors Transportation Programs (W)** ..... 919-872-7933

[www.resourcesforseniors.com/transport.php](http://www.resourcesforseniors.com/transport.php)

- Limited transportation services, for **eligible people ages 60+**, to medical appointments (application required).

**Road to Recovery Program, American Cancer Society** ..... 888-227-6333

[www.cancer.org/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/support-programs-and-services/road-to-recovery.html)

- Volunteer-based service **for cancer patients, for transport to and from cancer therapy appointments.**
- No fee.
- Riders must be ambulatory or traveling with someone who is capable of assisting

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| <b>Private Transportation Services</b> |
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The companies included here have wheelchair-accessible vehicles or special features such as scheduling assistance or a senior discount. No attempt has been made to include all private taxi or transportation companies, of which there are many.

(W) = wheelchair-accessible vehicles

(S) = stretcher services

**GFC&S Transportation** – [www.gfscars.com](http://www.gfscars.com) ..... 919-589-8600

Non-emergency medical transportation service.

**HealthFirst Transport (W) (S)** – [www.healthfirsttrans.com](http://www.healthfirsttrans.com) ..... 919-961-1550

Non-emergency medical transportation service.

**MyRide Wake Forest (W)** - [www.myridewakeforest.com](http://www.myridewakeforest.com) ..... 919-805-8027

Non-Emergency Medical Transport for Wake County, door to door transportation for ambulatory and non-ambulatory clients. Hours of operation: 24/7.

**North State Medical Transport (W) (S)** – [www.nsmt.biz](http://www.nsmt.biz) ..... 877-261-8911

Non-emergency medical transportation. Ambulances and wheelchair vans with paramedic staff.

**RDU Medical Transportation (W)** – [www.rdumedicaltransport.com](http://www.rdumedicaltransport.com) ..... 919-799-6008

Non-emergency medical transport (including dialysis). Hours of operation: 24/7.

**SMART Transportation (W)** ..... 919-809-6104

Non-emergency medical transportation.

**Senior Pick Up By Tommy and Carol** ..... 336-669-4703

Transportation and companionship service. Taking seniors to and from doctor appointments, grocery shopping, restaurants, etc. Errand service is also available on behalf of the client.