

# EAST WAKE TOTAL LIFE CENTER

# APRIL 2025

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SDB</b>
A		<b>1</b> Health Talk - JK	<b>2</b> BINGO - All	<b>3</b> Rainbow Crafts - SS	<b>4</b> Corn Hole - All	<b>5</b> Saturday Daybreak At <b>RALEIGH TLC</b>
B		Trivيا - All	Table Game - All	I Spy - All	Trivيا - All	
A	<b>7</b> Spring Time - JT	<b>8</b> Table Game - All	<b>9</b> BINGO - All	<b>10</b> Party Hat - SS	<b>11</b> Family Feud - All	<b>12</b>
B	On the Road - All	Trivيا - All	Art Therapy - All	Trivيا - All	Music Therapy - All	
A	<b>14</b> Easter Activity - JT	<b>15</b> Health Talk - JK	<b>16</b> BINGO - All	<b>17</b> Art Therapy - All	<b>18</b> CLOSED Good Friday	<b>19</b> Saturday Daybreak At <b>RALEIGH TLC</b>
B	Deal or no Deal - All	Trivيا - All	Table Game - All	Board Game - All		
A	<b>21</b> Painting - All	<b>22</b> May Flower - JT	<b>23</b> BINGO - All	<b>24</b> Participants Choice - All	<b>25</b> Pet Activity - SS	<b>26</b>
B	Trivيا - All	Table Game - All	Trivيا - All	Trivيا - All	Board Game - All	
A	<b>28</b> Musical Chair - All	<b>29</b> Art Therapy - All	<b>30</b> BINGO - All			
B	Trivيا - All	Board Game - All	Birthday Celebration - All			

## DAILY SCHEDULE

8:00-9:30 Breakfast  
 9:00-9:30 Current Events  
 9:30-10:00 Morning Exercise  
 10:00-11:00 See Calendar **(A)**  
 11:00-11:30 The Price Is Right  
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**  
 2:00-2:15 Afternoon Exercise  
 2:15-2:30 Snack  
 2:30-3:00 Trivia  
 3:00-4:00 Let's Make A Deal  
 4:00-6:00 Social Time

