

EAST WAKE TOTAL LIFE CENTER

MAY 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A				1 Ocean Day Craft - SS	2 Bean Bag Toss - All	3 Saturday Daybreak At RALEIGH TLC
B				I Spy - All	Trivia - All	
A	5 Mothers Day - JT	6 Health Talk - JK	7 Bingo - All	8 Spring Flowers - SS	9 Balloon Game - All	10
B	Trivia - All	Participants Choice	Trivia - All	Music Therapy	Table Game - All	
A	12 Coloring - All	13 Memorial Day - JT	14 Bingo - All	15 Deal or No Deal - All	16 Art Therapy - All	17 Saturday Daybreak At RALEIGH TLC
B	Table Game - All	Trivia - All	Bean Bag Toss - All	Art Therapy - All	Trivia - All	
A	19 Painting - All	20 Health Talk - All	21 Bingo - All	22 Participant Choice - All	23 Family Feud - All	24
B	Trivia - All	Table Game - All	Trivia - All	Board Game - All	Table Game - All	
A	26 CLOSED Memorial Day	27 Strawberry Craft - SS	28 Bingo - All	29 Summer Time - JT	30 Corn Hole - All	31
B		Board Game - All	Art Therapy	Trivia - All	Birthday Celebration	

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:00-9:30 Current Events
 9:30-10:00 Morning Exercise
 10:00-11:00 See Calendar **(A)**
 11:00-11:30 The Price Is Right
 11:30-1:15 Lunch & Relaxation

1:15-2:00 See Calendar **(B)**
 2:00-2:15 Afternoon Exercise
 2:15-2:30 Snack
 2:30-3:00 Trivia
 3:00-4:00 Let's Make A Deal
 4:00-6:00 Social Time

