

GARNER TOTAL LIFE CENTER

MAY 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
A				1 Filter Art	2 Palm Trees	3 Saturday Daybreak At RALEIGH TLC
B				Golf	Sequence	
C				Penny Slide	Ping Pong Ball	
A	5 Cinco de Mayo	6 Straw Flowers	7 Basketball	8 Beach BINGO	9 Hair DO's	10
B	Split Art	Butterfly Plates	BINGO	Ladder Ball	Sunshine	
C	Magazine Hunt	Angry Birds	Horseshoes	Marble Roll	Table Games	
A	12 Lady Bugs	13 Pokeno	14 Letter Art	15 Can Jam	16 Ant Art	17 Saturday Daybreak At RALEIGH TLC
B	Spring Anagrams	Yarn Flowers	Honeycomb Bees	Picasso	Popsicle Craft	
C	Trivia	Puzzles	Color the Day	Participant Council	Name that Song	
A	19 BINGO	20 Snails	21 Duck Pluck	22 Dragonfly	23 Beach BINGO	24
B	Long Neck Birds	Scategories Pictures	Patriotic Wind Chimes	Sequence	Eagles	
C	Ring Toss	Outburst	Health Talk	Hangman	Kites	
A	26 CLOSED Memorial Day	27 Patriotic Lanterns	28 Torn Stars	29 Blue Bird Nest	30 Table Games	31
B		Flags	Pokeno	Magazine Search	MOVIE	
C		Anagrams	Family Feud	Pictureka!	MOVIE	

DAILY SCHEDULE

7:00-8:00 Welcome
 8:00-9:30 Breakfast
 9:30-10:00 Social Time/ News
 10:00-10:30 Current Events
 10:30-11:00 Exercise
 11:00-11:45 See Calendar **(A)**
 11:45-12:00 Brain Fitness

12:00-1:00 Lunch
 1:00-2:00 Relaxation/Individual Time
 2:00-2:30 Exercise
 2:30-3:00 See Calendar **(B)**
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/News/Games

