



RALEIGH TOTAL LIFE CENTER

MAY 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
						
A		Cynthia W. 5/1	Essie L. 5/6	1 Celebrate Mothers Day-Clara	2 Floral Pens-MJ	3 Saturday
B		Phil P. 5/4	Willie R. 5/16	Kickball-Charlie & Wade	Volleyball-Charlie & Wade	Daybreak
C		Margaret S. 5/5	Lula M. 5/24	May Day Quiz-Boris	Rock & Roll Music-Karen	At
D		Wayne G. 5/6		Mental Games/Karen	Mental Games/Lorri	RALEIGH TLC
	5	6	7	8	9	10
A	Bingo-Corinne	Spanish with Minerva	Strawberry Shortcake-Mary	Magazine Hunt-Karen	Bingo-Mary	
B	Basketball-Wade	Cornhole-Wade/Charlie	Parachute-Wade/Charlie	Golf-Wade/Charlie	Mother's Day Fish Fry	
C	Music-Mr. Ernest	Timeslips-Patrice	Missing Letters-Corinne	Pass the Bag-Boris		
D	Mental Games/Clara	Mental Games/Mary	Mental Games/Boris	Mental Games/MJ	Mental Games/Karen	
	12	13	14	15	16	17
A	Plant a Flower-Clara	Talent Show-Patrice	Health Talk-Lorri	Making Pizza-Patrice	Bingo-Karen	Saturday
B	Basketball-Wade	Volleyball-Wade/Charlie	Golf-Wade/Charlie	Parachute-Wade/Charlie	Baseball-Wade/Charlie	Daybreak
C	Trivia Plus-MJ	9 Letter Block-Corinne	Karaoke-Boris	Word within Words-Mary	Name that Tune	At
D	Mental Games/Mary	Mental Games/Karen	Mental Games/Clara	Mental Games/Boris	Mental Games/MJ	RALEIGH TLC
	19	20	21	22	23	24
A	Flower Making-MJ	Seed Planting-Karen	Personal Puzzles-Corinne	Anagrams-Jennifer	Trivia-Mary	
B	Participant Counsel	Baseball-Wade/Charlie	Kickball-Wade/Charlie	Cornhole-Wade/Charlie	Golf-Wade/Charlie	
C	Before and After-Patrice	Table Games-Charlie	Descramble the Scrambled-Boris	May Day-Clara	Spring Word Search-MJ	
D	Mental Games/Clara	Mental Games/MJ	Mental Games/Mary	Mental Games/Boris	Mental Games/Karen	
	26	27	28	29	30	31
A		Bingo-Jennifer	Hope Church & Health Talk-Jennifer	Word Search-Karen		
B	CLOSED MEMORIAL DAY	Balloon Toss-Wade/Charlie	Parachute-Wade/Charlie	Kickball-Wade/Charlie		
C		Karaoke-Charlie	Pass the Word-Boris	High Low-Corinne		
D		Mental Games/Clara	Mental Games/Mary	Mental Games/Boris	Mental Games/MJ	

DAILY SCHEDULE

8:00-9:30 Breakfast
 9:30-10:00 Current Events
 10:00-10:30 Morning Exercise
 10:30-11:15 See Calendar (A)
 11:15-12:00 Active Game (B)
 12:00-1:00 Lunch

1:00-1:45 Individual Activities
 1:45-2:15 Afternoon Exercise
 2:15-2:45 See Calendar (C)
 2:45-3:15 Snack
 3:30-4:30 Mental Game (D)
 4:30-6:00 Social Time/Music

Open Monday-Friday 8:00am-5:00pm

Center Program Director: Stella Ray

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