



1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609  
 (919) 872-7933 • [www.resourcesforseniors.org](http://www.resourcesforseniors.org)  
 Services and information for older adults and adults with disabilities  
 in Wake County, North Carolina

## TRANSPORTATION RESOURCES

Last updated: 03/11/2025

The following is a selection of programs and companies offering transportation to seniors and disabled residents of Wake County.

### Public and Volunteer Transportation Programs

(W) = wheelchair-accessible vehicles

**The Center for Volunteer Caregiving** ..... 919-460-0567

[www.volunteercaregiving.org](http://www.volunteercaregiving.org)

- Door-to-door, volunteer-based transportation to medical appointments and essential errands, **for adults ages 60+ and ages 18-59 who have a disability.**
- 7 days advanced notice is required to schedule a trip on board in system.
- No fee.

**Go Cary Door to Door (W)** (formerly CTRAN) ..... 919-485-7433 or 919.653.7141

To schedule a trip ..... 919-481-2020, ext. 3

To cancel a trip ..... 919-481-2020, ext. 2

To order a ticket book ..... 919-469-4050

[www.gocary.org](http://www.gocary.org)

- Door-to-door paratransit service **for Cary residents ages 60+ and/or with a disability.**
- **Application required;** applications available online and at the Cary Senior Center.
- Trip fee (one-way): \$2.50 or \$4(Tier 2) within Cary; up to \$9 for trips outside of Cary. Companions can ride for the same fee as a rider.
- Trips must be scheduled at least a day in advance.
- Hours of operation: Monday-Saturday, 6 a.m. to 9:30 p.m.; Sundays, 7 a.m. to 8:30 p.m.

**Go Cary Fixed Route** ..... 919-485-7433 or 919-653-714

[www.gocary.org](http://www.gocary.org)

- Fixed-route public transit bus service open to all ages.
- Trip fee (one-way): \$1.25. Riders ages 60-64 is \$0.60 (1/2 rate); 65+ is free.
- GoPass is \$40 for 31 days and \$12 for 7 days.

**Go Raleigh Access** (formerly ART) (W) ..... 919-996-3459

[www.raleighnc.gov](http://www.raleighnc.gov)

- Curb-to-curb paratransit service **for Raleigh residents with a disability.**
- **Application required;** applications available online, or can be requested via phone.
- Trip fee (one-way): \$2.50.
- Trips must be scheduled at least 24 hours in advance via phone or email:  
**goraleighaccess@raleighnc.gov**

- Hours of operation: Monday-Friday, 8:15 a.m. - 4:45 p.m.

**Go Raleigh Transit** (formerly Capital Area Transit) ..... 919-485-7433  
[www.goraleigh.org](http://www.goraleigh.org)

- Fixed-route public bus service open to all ages.
- Trip fee (one-way): \$1.25. With GoRaleigh ID, riders ages 65+ are eligible for free fares and riders with a disability are eligible for discounted fares (1/2 rate). To obtain GoRaleigh ID, call to request an application or download one from the website.
- **Wake Forest-Raleigh Express** connects Raleigh and Wake Forest.
- **MicroLink** is GoRaleigh’s new on-demand microtransit service. MicroLink will provide service to the Town of Rolesville as well as connections to popular destinations in Wake Forest, and the WRX service to downtown Raleigh. Rolesville’s MicroLink service is a **pilot** that will continue through June 30, 2025. The easiest way to request a ride is through the MicroLink App. Rides can also be booked by calling our reservation center at **(919) 996-3459**. Does **not** offer advanced booking.

**Go Triangle ACCESS** (formerly T-Linx) (W) ..... 919-485-7468  
 TTD..... 800-735-2962  
[www.gotriangle.org/](http://www.gotriangle.org/)

- Curb-to-curb paratransit service **for residents of Wake, Durham and Orange counties with a disability**.
- **Application required** (unless you are already certified with GoCary or GoRaleigh); applications available online, or can be requested via phone.
- Trip fee (one-way): \$2.50.

**Go Triangle Bus** (formerly TTA)..... 919-485-7433  
[www.gotriangle.org](http://www.gotriangle.org)

- Fixed-route public bus service open to all ages.
- Full rate one-way trip fares: \$2.50 for regional routes
- Riders ages 65+ are eligible for free fares and riders with a disability are eligible for discounted fares (1/2 rate).
- **Wake Forest Loop** operates within Wake Forest.

**Go Wake Access** (formerly TRACS) (W) ..... 919-212-7005  
 To schedule a trip ..... 919-212-7005  
 To cancel a trip ..... 919-996-3444  
[www.wakegov.com/gowake](http://www.wakegov.com/gowake)

- Low-cost door-to-door, public shared-ride service **for trips originating or ending outside Raleigh and Cary city limits, for individuals ages 60+ and/or with a disability**.
- No application required; verification of age or disability may be requested.
- Trips may be scheduled same day and no more than 24 hours in advance. **Please note: Service is on a first-come, seat-available basis; seats are very limited.**
- One-way fares: \$2.00 within zone; \$4.00 between zones (call or go online for detailed zone information).
- Hours of operation: Monday-Saturday, 6 a.m. to 6 p.m. (excluding holidays).

**Go Wake SmartRide** ..... 919-212-7005  
[www.wakegov.com/gowake](http://www.wakegov.com/gowake)

- GoWake SmartRide NE offers rideshare options for the residents of Zebulon, Wendell, Knightdale and the unincorporated areas in between.

- To request a ride, you can use the GoAccess! app or call the GoWake Access call center
- Fare: **Free**

**Go Wake Forest**..... 984-342-2319  
<https://www.wakeforestnc.gov/transportation/go-wake-forest>

- Ridesharing transit service that operates similarly to Uber and Lyft, connecting riders directly to destinations from their doorstep. To request a ride, you can use the Go Wake Forest smartphone app or call the GoWake Forest call center.
- Fare: **Free**

**Medicaid Transportation (W)**..... 919-212-7005  
[www.wakegov.com/gowake](http://www.wakegov.com/gowake)

- **Transportation for Medicaid recipients, to medical appointments covered by Medicaid.**
- Must schedule 3-5 business days in advance.
- **Please note: This office handles many transportation programs; be sure to specify “Medicaid Transportation.”**
- No fee.

**Resources for Seniors Transportation Programs (W)**..... 919-872-7933  
 Limited transportation services to medical appointments. Eligibility: 60+ years old and does NOT receive full Medicaid coverage. Application required, currently only adding to waitlist.

**Road to Recovery Program, American Cancer Society**..... 888-227-6333  
[www.cancer.org/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/support-programs-and-services/road-to-recovery.html)

- Volunteer-based service **for cancer patients, for transport to and from cancer therapy appointments.**
- No fee.
- Riders must be ambulatory or traveling with someone who is capable of assisting

<b>Private Transportation Services</b>
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The companies included here have wheelchair-accessible vehicles or special features such as scheduling assistance or a senior discount. No attempt has been made to include all private taxi or transportation companies, of which there are many.

(W) = wheelchair-accessible vehicles  
 (S) = stretcher services

**GFC&S Transportation** – [www.gfcscares.com](http://www.gfcscares.com)..... 919-589-8600  
 Non-emergency medical transportation service.

**HealthFirst Transport (W) (S)** – [www.healthfirsttrans.com](http://www.healthfirsttrans.com)..... 919-961-1550  
 Non-emergency medical transportation service.

**MyRide Wake Forest (W)** - [www.myridewakeforest.com](http://www.myridewakeforest.com)..... 919-805-8027  
 Non-Emergency Medical Transport for Wake Forest, door to door transportation for ambulatory and non-ambulatory clients. Hours of operation: 24/7.

**North State Medical Transport (W) (S)** – [www.nsm.biz](http://www.nsm.biz)..... 877-261-8911  
 Non-emergency medical transportation. Ambulances & wheelchair vans with paramedic staff.

- RDU Medical Transportation (W)** – [www.rdumedicaltransport.com](http://www.rdumedicaltransport.com)..... 919-799-6008  
 Non-emergency medical transport (including dialysis). Hours of operation: 24/7.
- SMART Transportation (W)** ..... 919-809-6104  
 Non-emergency medical transportation.
- Senior Pick Up by Tommy and Carol**.....336-669-4703  
 Transportation and companionship service. Taking seniors to and from doctor appointments, grocery shopping, restaurants, etc. Errand service is also available on behalf of the client.
- Allcare Transportation Services, Inc**..... 919-301-0236  
 Provide Non-Emergency Medical Transportation, and door to door transportation, ambulatory and wheelchair vans.
- Sunshine Transportation**..... 919-633-4036  
 Provide Non-Emergency Medical Transportation medical appointments, grocery store trips, errands, and other essential needs. Accepts Medicaid.