Saturday Daybreak Locations-Winter/Spring 2026

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 RTLC
4	5	6	7	8	9	10
11	12	13	14	15	16	17 RTLC
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 RTLC
8	9	10	11	12	13	14
15	16	17	18	19	20	21 RTLC
22	23	24	25	26	27	28

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 RTLC
8	9	10	11	12	13	14
15	16	17	18	19	20	21 RTLC
22	23	24	25	26	27	28
29	30	31				

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Cancel
5	6	7	8	9	10	11
12	13	14	15	16	17	18 RTLC
19	20	21	22	23	24	25
26	27	28	29	30		

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 RTLC
3	4	5	6	7	8	9
10	11	12	13	14	15	16 RTLC
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 RTLC
7	8	9	10	11	12	13
14	15	16	17	18	19	20 RTLC
21	22	23	24	25	26	27
28	29	30				

Saturday Daybreak is held at:
Raleigh Total Life Center
5124 Departure Drive, Raleigh-Phone: 919-873-1870