

RALEIGH TOTAL LIFE CENTER

# MARCH 2026

	<b>MONDAY</b> 2	<b>TUESDAY</b> 3	<b>WEDNESDAY</b> 4	<b>THURSDAY</b> 5	<b>FRIDAY</b> 6	<b>SDB</b> 7
A	Bingo/Mary	Rice Art/Karen	Coloring Contest/MJ	St. Patrick's Face/Jackie	Lucky Charm Craft/Patrice	<b>Saturday Daybreak At RALEIGH TLC</b>
B	Parachute/Brandon	Golf/Charlie	Volleyball/Charlie	Cornhole/Charlie	Kickball/Charlie	
C	Spring Puzzles/Clara	9 Letter Block/Corinne	St. Patrick Head/Mary	Finish The Phrase/Boris	Name That Sound/MJ	
D	Mental Games/MJ	Mental Games/Mary	Mental Games/Boris	Mental Games/Clara	Mental Games/Karen	
	9	10	11	12	13	14
A	Bake with Love/MJ/SR	Bottle Blossom/Corinne	Bingo/MJ	Fashion Show/Clara	<b>Health Talk/Lorri</b>	
B	Kickball/Brandon	Balloon Toss/Charlie	Cornhole/Charlie	Basketball/Charlie	Golf/Charlie	
C	Table Games/Clara	4 Leaf Clover Line	Brain Teasers/Boris	Sing-A-Longs/Karen	High/Low/Patrice	
D	Mental Games/Mary	Mental Games/Boris	Mental Games/Clara	Mental Games/MJ	Mental Games/Karen	
	16	17	18	19	20	21
A	Bingo/Karen	St. Patrick's Day Celebration/Clara	Leprechaun Lookers/Mary	Rainbow Making/Jackie	Popsicle Frames/Corinne	<b>Saturday Daybreak At RALEIGH TLC</b>
B	Baseball/Brandon	Participant Counsel	Kickball/Charlie	Golf/Charlie	Volleyball/Charlie	
C	Magazine Hunt/Patrice	Tic Tac Toe/Karen	Taboo/Boris	Word Scramble/MJ	Name That Tune/Charlie	
D	Mental Games/Clara	Mental Games/Boris	Mental Games/MJ	Mental Games/Karen	Mental Games/Mary	
	23	24	25	26	27	28
A	Missing Letters/Corrine	Spring Is In The Air/Clara	<b>Hope Church &amp; Health Talk/Lorri</b>	Bingo/Boris	Sunflowers/Mary	
B	Parachute/Brandon	Golf/Charlie	Volleyball/Charlie	Cornhole/Charlie	Kickball/Charlie	
C	Table Games/MJ	Don't Overthink It/Boris	Word search/MJ	Planting Seeds/Karen	Before and After/Patrice	
D	Mental Games/Mary	Mental Games/Clara	Mental Games/Boris	Mental Games/MJ	Mental Games/Karen	
	30	31		<b>PARTICIPANTS:</b> Patrick E. 3/17 Savannah J. 3/17 Patty D.3/20	<b>Staff:</b> Mary D 3/28	
A	Bingo/Clara					
B	Kickball/Brandon					
C	Magazine Hunt/Patrice					
D	Mental Games/Mary					

**DAILY SCHEDULE**

8:00-9:30 Breakfast  
 9:30-10:00 Current Events  
 10:00-10:30 Morning Exercise  
 10:30-11:15 See Calendar (A)  
 11:15-12:00 Active Game (B)  
 12:00-1:00 Lunch

1:00-1:45 Individual Activities  
 1:45-2:15 Afternoon Exercise  
 2:15-2:45 See Calendar (C)  
 2:45-3:15 Snack  
 3:30-4:30 Mental Game (D)  
 4:30-6:00 Social Time/Music



Open Monday-Friday 8:00am-5:00pm  
 Center Program Director: Stella Ray

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