



1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609
(919) 872-7933 • www.resourcesforseniors.org
Services and information for older adults and adults with disabilities
in Wake County, North Carolina

TRANSPORTATION RESOURCES

Last updated: 04/8/2026

The following is a selection of programs and companies offering transportation to seniors and disabled residents of Wake County.

Public and Volunteer Transportation Programs

(W) = wheelchair-accessible vehicles

The Center for Volunteer Caregiving 919-460-0567
www.volunteercaregiving.org

- Door-to-door, volunteer-based transportation to medical appointments and essential errands, **for adults ages 60+ and ages 18-59 who have a disability.**
- 7 days advanced notice is required to schedule a trip on board in system.
- No fee.

Go Cary Door to Door (W) (formerly CTRAN)..... 919-485-7433 or 919.653.7141
To schedule a trip 919-481-2020, ext. 3
To cancel a trip 919-481-2020, ext. 2
To order a ticket book 919-469-4050
www.gocary.org

- Door-to-door paratransit service **for Cary residents ages 60+ and/or with a disability.**
- **Application required;** applications available online and at the Cary Senior Center.
- Trip fee (one-way): \$2.50 or \$4(Tier 2) within Cary; up to \$9 for trips outside of Cary. Companions can ride for the same fee as a rider.
- Trips must be scheduled at least a day in advance.
- Hours of operation: Monday-Saturday, 6 a.m. to 9:30 p.m.; Sundays, 7 a.m. to 8:30 p.m.

Go Cary Fixed Route 919-485-7433 or 919-653-714
www.gocary.org

- Fixed-route public transit bus service open to all ages.
- Trip fee (one-way): \$1.25. Riders ages 60-64 is \$0.60 (1/2 rate); 65+ is free.
- GoPass is \$40 for 31 days and \$12 for 7 days.

Go Raleigh Access (formerly ART) (W)..... 919-996-3459
<https://goraleigh.org/>

- Curb-to-curb paratransit service **for Raleigh residents with a disability.**
- **Application required;** applications available online, or can be requested via phone.
- Trip fee (one-way): \$2.50.
- Trips must be scheduled at least 24 hours in advance via phone or email:
goraleighaccess@raleighnc.gov

- Hours of operation: Monday-Friday, 8:15 a.m. - 4:45 p.m.

Go Raleigh Transit (formerly Capital Area Transit)919-485-7433
www.goraleigh.org

- Fixed-route public bus service open to all ages.
- Trip fee (one-way): \$1.25. With GoRaleigh ID, riders ages 65+ are eligible for free fares and riders with a disability are eligible for discounted fares (1/2 rate). To obtain GoRaleigh ID, call to request an application or download one from the website.
- **Wake Forest-Raleigh Express** connects Raleigh and Wake Forest.
- **MicroLink** is GoRaleigh’s new on-demand microtransit service. MicroLink will provide service to the Town of Rolesville as well as connections to popular destinations in Wake Forest, and the WRX service to downtown Raleigh. MicroLink in Fuquay-Varina provides on-demand service in the Town of Fuquay-Varina, offering flexible local transportation within the service zone. Service Hours: Weekdays: 6:00 a.m. – 8:00 p.m. Saturdays: 7:00 a.m. – 8:00 p.m. No Sunday service. **No advance booking is available.** The easiest way to request a ride is through the MicroLink App. Rides can also be booked by calling the reservation center at **(919) 996-3459**.

Go Triangle ACCESS (formerly T-Linx) (W).....919-485-7468
 TTD800-735-2962
www.gotriangle.org/

- Curb-to-curb paratransit service **for residents of Wake, Durham and Orange counties with a disability**.
- **Application required** (unless you are already certified with GoCary or GoRaleigh); applications available online, or can be requested via phone.
- Trip fee (one-way): \$5.00

Go Triangle Bus (formerly TTA).....919-485-7433
www.gotriangle.org

- Fixed-route public bus service open to all ages.
- Full rate one-way trip fares: \$2.50 for regional routes
- Riders ages 65+ are eligible for free fares and riders with a disability are eligible for discounted fares (1/2 rate).

Go Wake Access (formerly TRACS) (W)919-212-7005
 To schedule a trip919-212-7005
 To cancel a trip919-996-3444
www.wakegov.com/gowake

- Low-cost door-to-door, public shared-ride service **for trips originating or ending outside Raleigh and Cary city limits, for individuals ages 60+ and/or with a disability**.
- No application required; verification of age or disability may be requested.
- Trips may be scheduled same day and no more than 24 hours in advance. **Please note: Service is on a first-come, seat-available basis; seats are very limited.**
- One-way fares: \$2.00 within zone; \$4.00 between zones (call or go online for detailed zone information).
- Hours of operation: Monday-Saturday, 6 a.m. to 6 p.m. (excluding holidays).

Go Wake SmartRide919-212-7005
www.wakegov.com/gowake

- GoWake SmartRide NE offers rideshare options for the residents of Zebulon, Wendell,

Knightsdale and the unincorporated areas in between.

- To request a ride, you can use the GoAccess! app or call the GoWake Access call center
- Fare: **Free**

Go Wake Forest984-342-2319

<https://www.wakeforestnc.gov/transportation/go-wake-forest>

- Ridesharing transit service that operates similarly to Uber and Lyft, connecting riders directly to destinations from their doorstep. To request a ride, you can use the Go Wake Forest smartphone app or call the GoWake Forest call center.
- Fare: Riders will be charged based on the mileage of their trip request (\$2.50-\$4.50). Fare discounts will be offered to riders who complete an eligibility screening application process for the following qualifiers: Age 65+, Income status, specifically individuals enrolled in certain income-eligible programs with the intent of encompassing households earning 50% or less of the Wake County Area Median Income as defined by the Department of Housing & Urban Development’s standards, Having a mobility-inhibiting disability. To apply for a fare discount, please visit <https://online.wakeforestnc.gov/Forms/TWFRducedfareapp> for the application.
- Go Wake Forest operates Monday through Thursday from 6 a.m. to 9:30 p.m., Fridays from 6 a.m. to 10:30 p.m., and Saturdays from 8 a.m. to 10:30 p.m. Does not operate on Sundays, Thanksgiving Day, Christmas Day, or New Year's Day.

Holly Springs Hopper855-918-3733

www.hollyspringsnc.gov/2882/Holly-Springs-Hopper

- Holly Springs Hopper offers rideshare options for the residents of Holly Springs. Anyone in Holly Springs can request rides from their doorsteps to anywhere within the service area and back. That includes neighborhoods, businesses, parks, retail locations, and more.
- Rides can be booked through the Ride Freebee App or by calling 855-918-3733. **Two free trips are provided with an app download!**
- One-way fares: \$2.00 within zone; \$4.00 between zones. **There is no cost for riders 62+ and riders with disabilities.** To verify your age for the reduced fare, please send a copy of a government-issued ID, such as a driver’s license, to hopper@ridefreebee.com. A representative will verify the information, attach the age status to your account, and apply the discounted fare rate for future rides. To verify your disability status, please send a copy of formal documentation confirming disability status, such as a benefit verification letter from the Social Security Administration or a note from a physician, to hopper@ridefreebee.com. A representative will verify the information, attach the disability status to your account, and apply the discounted fare rate for future rides.

Medicaid Transportation (W)919-212-7005

www.wakegov.com/gowake

- **Transportation for Medicaid recipients, to medical appointments covered by Medicaid.**
- Must schedule 3-5 business days in advance.
- **Please note: This office handles many transportation programs; be sure to specify “Medicaid Transportation.”**

- No fee.

Resources for Seniors Transportation Programs (W)919-872-7933
 Limited transportation services to medical appointments. Eligibility: 60+ years old and does NOT receive full Medicaid coverage. Application required, currently only adding to waitlist.

Road to Recovery Program, American Cancer Society (800) 227-2345
www.cancer.org/support-programs-and-services/road-to-recovery.html

- Volunteer-based service **for cancer patients, for transport to and from cancer therapy appointments.**
- No fee.
- Riders must be ambulatory or traveling with someone who is capable of assisting.
- To request transportation, callers need to provide dates, times, type of appointment, distance from treatment center, treatment center contact information, doctor's name, and emergency contact for patient. Requests need to be made at least 5 business days in advance.

Private Transportation Services

The companies included here have wheelchair-accessible vehicles or special features such as scheduling assistance or a senior discount. No attempt has been made to include all private taxi or transportation companies, of which there are many.

(W) = wheelchair-accessible vehicles
 (S) = stretcher services

GFC&S Transportation – www.gfcscares.com.....919-589-8600
 Non-emergency medical transportation service. Can assist with wheelchair transfers and provides personalized escort services, ensuring clients reach their destinations safely and are acknowledged by the receiving staff.

HealthFirst Transport (W) (S) – www.healthfirsttrans.com.....919-961-1550
 Non-emergency medical transportation service.

MyRide Wake Forest (W) - www.myridewakeforest.com..... 919-805-8027
 Non-emergency medical transportation service. Provides wheelchair accessible, door to door transportation for ambulatory and non-ambulatory clients. Call for additional services.

North State Medical Transport (W) (S) – www.nsmtd.biz 877-261-8911
 Non-emergency medical transportation. Ambulances & wheelchair vans with paramedic staff.

SMART Transportation (W)919-809-6104
 Non-emergency medical transportation.

Senior Pick Up by Tommy and Carol.....336-669-4703
 Transportation and companionship service. Taking seniors to and from doctor appointments, grocery shopping, restaurants, etc. Errand service is also available on behalf of the client.

Allcare Transportation Services, Inc (W)..... 919-301-0236
 Provide Non-Emergency Medical Transportation, and door to door transportation, ambulatory and wheelchair vans.

Sunshine Transportation..... 919-633-4036
 Provide Non-Emergency Medical Transportation medical appointments, grocery store trips, errands, and other essential needs. Accepts Medicaid.

Mercy Medical Angels www.mercymedical.org..... 757-318-9174

Provides free transportation to medical care. Ground transportation is provided with gas cards, bus, and train tickets. Air transportation is flown by volunteer pilots or commercial airlines. Mercy Medical Angels has programs for Children, Terminally Ill Patients, Seniors, Veterans and more. Call or visit the website for more information.