Resources FOR SENIORS

1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609
(919) 872-7933 • www.resourcesforseniors.org
Services and information for older adults and adults with disabilities in Wake County, North Carolina

RETIREMENT HOUSING OPTIONS

Last updated 10/27/2022

Rental Retirement Communities

Rental retirement communities offer independent apartment and/or cottage living with meals available in a common dining room. Other services, including housekeeping, linen service, activities, and transportation, may also be available. Some have optional care services available upon request, and/or have licensed Adult Care (Assisted Living) units, as noted below. Most communities are designated for those 55+; others have a higher minimum age requirement. Monthly fees vary with the type of accommodations and the level of services chosen. Fees can vary from around $1,500 to over $5,000 per month. These communities are primarily private-pay, where there is no public assistance or subsidy available.

Abbotswood at Stonehenge www.lifeatabbotswood.com **919-651-4882**
7900 Creedmoor Rd., Raleigh, NC 27613
Ages 60+. Some optional care services available.

Atria Oakridge www.atria-oakridge.com **919-935-0118**
10810 Sandy Oak Ln., Raleigh, NC 27614
Ages 55+. Some optional care services available.

Atria Cary www.atriacary.com **919-342-8200**
7000 Regency Parkway, Cary NC 27518
Age 55+. Projected opening Fall 2022

Brookdale North Raleigh www.brookdale.com **919-334-2222**
1200 Carlos Dr., Raleigh, NC 27609
Ages 62+. Some optional care services available.

Cambridge Village of Apex www.cambridgevillageofapex.com **919-363-2080**
10000 Cambridge Village Loop, Apex, NC 27502
Ages 55+. Some optional care services available.

Capital Oaks Retirement Resort www.capitaloaksretirement.com **919-784-0099**
6498 Ray Rd., Raleigh, NC 27613
Ages 55+.

The Gardens at Wakefield www.gardensatwakefield.com **919-562-5580**
12800 Spruce Tree Wy., Raleigh, NC 27614
Ages 55+. Some optional care services available.

Independence Village of Olde Raleigh ..... **919-781-8226 or 919-642-1342**
www.independencevillageofolderaleigh.com
3113 Charles B. Root Wynd, Raleigh, NC 27612
Ages 55+. Some optional care services available.

Jordan Oaks Retirement Community www.jordan-oaks.com **919-617-9463**
10820 Penny Rd., Cary, NC 27518
Ages 55+.

The Lodge at Wake Forest www.lodgeatwakeforest.com **919-554-8768**
1151 S. Main St., Wake Forest, NC 27587
Ages 55+. Some optional care services available.

Magnolia Glen www.lifeatmagnoliaglen.com **919-841-4747**
5301 Creedmoor Rd., Raleigh, NC 27612
Ages 55+. Assisted Living units also available.

Overture Cary www.overturecary.com **919-653-7400**
Leasing showroom: 1101 Grace Park Dr., Morrisville, NC 27560
Future address: 1055 Hatches Pond Ln., Morrisville, NC 27560
Ages 55+.

Overture Centennial www.overturecentennial.com **919-670-1000**
600 Bilyeu St., Raleigh, NC 27606
Ages 55+.

Preston Pointe https://prestonpointe.com **919-249-7001**
1995 NW Cary Pkwy., Morrisville, NC 27560
Ages 62+. Some optional care services available.

Treeo Senior Living www.treeoraleigh.com **919-863-7770**
2722 Spring Forest Rd., Raleigh, NC 27616
Ages 55+. Some optional care services available.

Waltonwood Cary Parkway www.waltonwood.com ..... **919-297-2259 or 919-460-7330**
750 SE Cary Pkwy., Cary, NC 27511
Ages 55+. Assisted living and dementia care units also available.

Waltonwood Lake Boone www.waltonwood.com ..... **844-338-1458 or 984-232-0528**
3550 Horton St., Raleigh, NC 27607
Ages 55+. Assisted Living and dementia care units also available.

Woodland Terrace www.lifeatwoodlandterrace.com **919-465-0356**
300 Kildaire Woods Dr., Cary, NC 27511
Ages 55+. Assisted Living and dementia care units also available.

Continuing Care Retirement Communities

Continuing Care Retirement Communities (CCRCs) (sometimes called Life Care Communities or Life Plan Communities) offer a full range of living arrangements, from independent living to skilled nursing care, housed within the same community. This allows residents to remain living within the same community as their needs change. In most cases residents need to be able to function independently at the time of admission.

CCRCs provide many services for their residents, including activities, meals, housekeeping, transportation, and health-related services. Depending on the nature of the contract, these services may be included in a monthly fee or purchased as needed. Fees vary for differing levels of accommodations and services. CCRCs usually require substantial entrance fees in addition to monthly fees. In some communities the entrance fees are partially refundable depending on length of stay; in others a residence is purchased at the time of entrance into the community, and the resident has equity in the home as an owner rather than a tenant.

North Carolina CCRCs are regulated by the NC Department of Insurance. Find their CCRC Reference Guide, with detailed information about contract options and admissions eligibility for each site, here: www.ncdoi.gov/insurance-industry/continuing-care-retirement-communities-ccrc.

The Cardinal at North Hills www.lifeatthecardinal.com **984-234-5605**
4030 Cardinal at North Hills St., Raleigh, NC 27609
Ages 55+. Multiple contract options. Must be Independent at time of admission. For-profit. Maximum occupancy of 235 residents.

The Cypress of Raleigh www.thecypressofraleigh.com **919-870-9007**
8801 Cypress Lakes Dr., Raleigh, NC 27615
Ages 65+. Equity ownership model with monthly fee. Must be Independent at time of admission. For-profit. Maximum occupancy of 302 residents.

Glenaire www.glenaire.org ..... **919-460-8095 or 800-225-9573**
4000 Glenaire Circle, Cary, NC 27511
Ages 62+. Monthly fee and partially refundable entrance fee. Offers direct admission to Assisted Living and Nursing levels of care. Non-profit. Maximum occupancy of 344 residents.

The Oaks at Whitaker Glen www.pruitthealth.com **919-839-5604**
501 E. Whitaker Mill Rd., Raleigh, NC 27608
Monthly fee and partially refundable entrance fee. Offers direct admission to Nursing level of care. For-profit. Maximum occupancy of 231 residents.

SearStone www.searstone.com **919-230-8441**
17001 SearStone Dr., Cary, NC 27513
Monthly fee and fully refundable entrance fee. Must be Independent at time of admission. Non-profit. Maximum occupancy of 193 residents.

Springmoor www.springmoor.org **919-848-7057**
1500 Sawmill Rd., Raleigh, NC 27615
Monthly fee and refundable entrance fee. Offers direct admission to Assisted Living level of care. Non-profit. Maximum occupancy of 582 residents. 1-3 year waiting list.

Windsor Point www.windsorpoint.com **919-552-4580**
1221 Broad St., Fuquay-Varina, NC 27526
Monthly fee and partially refundable entrance fee. Offers direct admission to Assisted Living level of care. For-profit. Maximum occupancy of 281 residents.

Active Adult Communities

An **Active Adult Community** is a housing development with homes for purchase that is often marketed to adults 55 and older who can live independently. These communities frequently have extra amenities designed to appeal to active retirees, such as planned activities and recreational facilities which may include community pools, walking trails, golf courses, health clubs, etc. Additional services may be available for additional cost. Active adult communities may offer a variety of dwellings, such as freestanding homes, townhomes, patio or cluster homes, and condominiums. Homes are typically designed with an emphasis on qualities such as accessibility and low maintenance, and yardwork may be included in the community fees. These homes are often moderately-sized, to appeal to homeowners who no longer need a large house for a growing family. Consult a realtor for details. Some communities may have new homes available; others have resale homes only.

Carolina Preserve at Amberly (Cary, NC; 55+) www.carolinapreserve.com

The Courtyards at Heritage Grove (Wake Forest, NC) www.epconcommunities.com ***

The Courtyards at Kildaire Farms (Cary, NC; 55+) www.epconcommunities.com***

The Courtyards at O'Kelly Chapel (Cary, NC; 55+) www.epconcommunities.com ***

The Courtyards on Holt (Apex, NC; 55+) www.epconcommunities.com ***

Heritage Pines (Cary, NC; 55+) www.heritagepinesnc.com

The Orchard Villas (Apex, NC; all ages)

Regency at Brier Creek (Raleigh, NC; all ages)

Regency at White Oak Creek (Apex, NC; all ages)

The Village at Aversboro (Garner, NC; 55+

www.55places.com/north-carolina/communities/the-village-at-aversboro***

Villas of Wake Forest (Wake Forest, NC; 55+) www.epconcommunities.com ***

***- Communities Sold Out

Real Estate Services

Danielle Weeks, SRES www.nexthometurnkey.com **919-480-0249**
NextHome Turn Key Realty
Senior-focused real estate services including home sales, downsizing, and relocation.

Lila Martin, SRES www.triangleseniorspecialist.com **252-671-6232**
Allen Tate Realtors
Senior-focused real estate services, including help with selling, buying, refinancing, or relocating to a new community.

Melissa Elliott, SRES www.trianglehomesforyou.com **919-307-7303**
Elliot Real Estate Professionals @EXPRealty
Senior-focused real estate services, including finding a home for aging in place, and/or in a 55+ community or CCRC.

Shenée Jackson, SRES https://shenee.raleighhousesonline.com..... **919-441-2562**
Keller Williams Preferred Realty
Senior-focused real estate services, including home sales, packing, moving, and downsizing.