

GARNER TOTAL LIFE CENTER

JUNE 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	1	2	3	4	5	6
A	Pokeno!	Basketball	Bubble Art	Crabs	Sailboats	Saturday Daybreak At RALEIGH TLC
B	What's Missing?	Paper Bag Jellyfish	Beach Bingo	Angry Birds	Beach Trip	
C	Hangman	Outburst	UNO	Skip BO	Puzzles	
	8	9	10	11	12	13
A	Packing List	Plate Fish	Shark!	Pokeno!	Pufferfish	
B	Watermelon Plates	Draw a Scene	Bowling	Tic Tac Toe	Magazine Flag	
C	Bookmarks	Trivia	Anagrams	Health Talk	High Low	
	15	16	17	18	19	20
A	Pool Floaties	Sequence	Ladder Ball	Bingo	Milkshake Craft	Saturday Daybreak At RALEIGH TLC
B	Lemonade Cups	Magazine names	Firefly Jars	Tissue Creatures	Duck Pluck	
C	Flag Day Fun	Family Feud	Puzzles	Table Games	Music Trivia	
	22	23	24	25	26	27
A	Air Hockey	Twister Toss	Pokeno!	Scallop Shells	Sequence	
B	BINGO	Jelly Strings	Popsicle Craft	Bracelets	Beach Pictures	
C	Jug Pull	Magazine Search	Participant Council	Kickball	Anagrams	
	29	30				
A	Horseshoes	MOVIE				
B	Pictureka!	Question Ball				
C	High Low	Trivia				

DAILY SCHEDULE

7:00-8:00 Welcome
 8:00-9:30 Breakfast
 9:30-10:00 Social Time/ News
 10:00-10:30 Current Events
 10:30-11:00 Exercise
 11:00-11:45 See Calendar **(A)**
 11:45-12:00 Brain Fitness

12:00-1:00 Lunch
 1:00-2:00 Relaxation/Individual Time
 2:00-2:30 Exercise
 2:30-3:00 See Calendar **(B)**
 3:00-3:30 Snack
 3:30-4:00 See Calendar **(C)**
 4:00-6:00 Social Time/News/Games

