

# RALEIGH TOTAL LIFE CENTER

# JUNE 2026

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SDB</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
A	Beach Scene/Mary	Cool Drinks On A Hot Day/Clara	Karaoke/Patrice	Paper Lemonade Craft/MJ	Bingo/Karen	<b>Saturday Daybreak At RALEIGH TLC</b>
B	Kickball/Patrice	Balloon Toss/Charley	Cornhole/Charley	Basketball/Charley	Parachute/Charley	
C	Balloon Toss/MJ	A. Presidents Word Search/Karen	Pass the Bag/Boris	9 Letter Block/Corinne	Name That Tune/Staff	
D	Mental Games/Clara	Mental Games/Boris	Mental Games/Mary	Mental Games/Karen	Mental Games/MJ	
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
A	Outside Party/Clara	Color Ball Race/Patrice	Cinco De Mayo Craft/MJ	Bingo/Clara	Summer Kites//Mary	<b>Saturday Daybreak At RALEIGH TLC</b>
B	Parachute/MJ	Golf/Charley	Volleyball	Cornhole/Charley	Kickball/Charley	
C	Table Games/Mary	Missing Letters/Corinne	Don't Over Think It/Boris	Baseball/Karen	<b>Health Talk/Lorri</b>	
D	Mental Games/MJ	Mental Games/Karen	Mental Games/Clara	Mental Games/Mary	Mental Games/Boris	
	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
A	<b>Participant Counsel</b>	Beach Bingo/Mary	Father's Day Cards/Clara	Juneteenth/Corinne	Ring Toss/Karen Bake with Stella	<b>Saturday Daybreak At RALEIGH TLC</b>
B	Kickball/Corinne	Basketball/Charley	Cornhole/Charley	Parachute/Charley	<b>FATHER'S DAY COOKOUT</b>	
C	Brain Teasers/MJ	Balloon Toss/Corinne	Bingo/Boris	Karaoke/Patrice	Wisdom Circle/Boris	
D	Mental Games/Clara	Mental Games/Karen	Mental Games/Mary	Mental Games/Boris	Mental Games/MJ	
	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
A	Tic Tac Toe/Karen	Find Objects/Mary	<b>Hope Church</b>	Cross Wind Chimes/Corinne	Word Play/Patrice	
B	Kickball/Boris	Balloon Toss/Charley	Cornhole/Charley	Basketball/Charley	Parachute/Charley	
C	Match Game/MJ	Write Conversation About Yourself/Clara	Summer Quiz/Boris	Balloon Toss/Karen	Table Games/MJ	
D	Mental Games/Mary	Mental Games/Boris	Mental Games/MJ	Mental Games/Clara	Mental Games/Karen	
	<b>29</b>	<b>30</b>				
A	Table Games/Corinne				Janie P 06/01	
B	Kickball/Mary					
C	Balloon Toss/Patrice					
D	Mental Games/Mary					

## DAILY SCHEDULE

8:00-9:30 Breakfast  
 9:30-10:00 Current Events  
 10:00-10:30 Morning Exercise  
 10:30-11:15 See Calendar **(A)**  
 11:15-12:00 Active Game **(B)**  
 12:00-1:00 Lunch

1:00-1:45 Individual Activities  
 1:45-2:15 Afternoon Exercise  
 2:15-2:45 See Calendar **(C)**  
 2:45-3:15 Snack  
 3:30-4:30 Mental Game **(D)**  
 4:30-6:00 Social Time/Music



Open Monday-Friday 8:00am-5:00pm  
 Center Program Director: Stella Ray

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