GARNER TOTAL LIFE CENTER

NOVEMBER 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SDB
	2	**3**	**4**	**5**	**6**	**7**
A	Pumpkin Toss	Popsicle Pumpkins	Candy Corn Man	Owls	BINGO	Saturday Daybreak At **RALEIGH TLC**
B	Sequence	Acorns	Beach BINGO	Pumpkin Slide	Turkey Baster Race	
C	Table Games	Word Search	Pictureka!	Trivia	Outburst	
	9	**10**	**11**	**12**	**13**	**14**
A	Patchwork Pumpkin	Tear a Tree	**CLOSED for Veteran's Day**	Sequence	Turkey Sticks	
B	I'm Thankful For...	Veteran's Hearts		Pumpkin Pie	Sun Leaf Prints	
C	Blurt	Family Feud		Magazine Hunt	Anagrams	
	16	**17**	**18**	**19**	**20**	**21**
A	Scattergories	Indians	Cornucopia	Leaf Rubbing	Fall Scramble	Saturday Daybreak At **RALEIGH TLC**
B	Forest Craft	BINGO	Roll a Turkey	Turkey Shoot	Pokeno!	
C	20 Questions	Kickball	Outburst	Health Talk	Darts	
	23	**24**	**25**	**26**	**27**	**28**
A	Leaf Wreath	Turkey by #	Pilgrims	**CLOSED for Thanksgiving**	**CLOSED for Thanksgiving**	
B	Gratitude Game	Pokeno!	Thankful Plates			
C	Bowling	Participant Council	Collage			
	30					
A	MOVIE					
B	MOVIE					
C	Table Games					

DAILY SCHEDULE

7:00-8:00 Welcome
8:00-9:30 Breakfast
9:30-10:00 Social Time/ News
10:00-10:30 Current Events
10:30-11:00 Exercise
11:00-11:45 See Calendar **(A)**
11:45-12:00 Brain Fitness
12:00-1:00 Lunch
1:00-2:00 Relaxation/Individual Time
2:00-2:30 Exercise
2:30-3:00 See Calendar **(B)**
3:00-3:30 Snack
3:30-4:00 See Calendar **(C)**
4:00-6:00 Social Time/News/Games

Resources FOR SENIORS

Open Monday-Friday 8:00am-5:00pm
Center Program Director: Jennifer Best
201 Methodist Drive, Garner, NC 27529 garnertlc@rfsnc.org
919.773.3790 https://resourcesforseniors.org/day-centers/